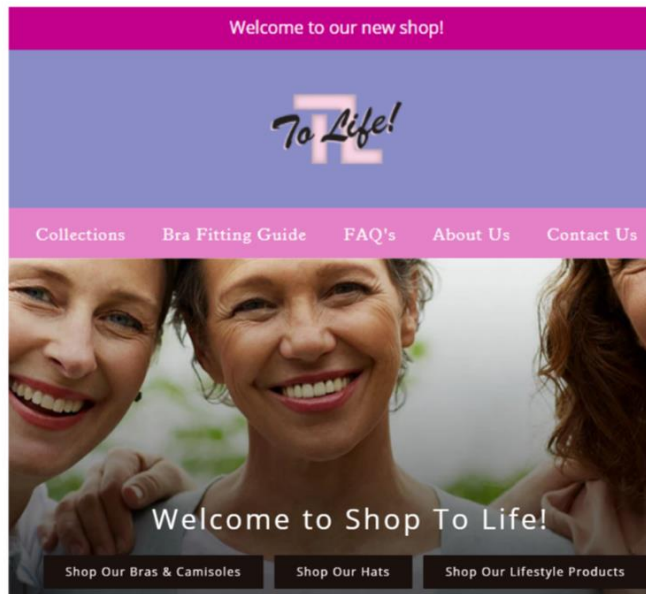




The To Life! Online Store is Open!
Shop now for bras, camisoles, hats and more! Lots of styles, colors and selection. Online fitting guide available. Visit www.tolife.org.



Support Groups Continue Virtually

Newly Diagnosed Support Group

Being offered this month via Zoom conference call on Thursday, April 22.
Please email Melanie McCulley at mmcculley@tolife.org to connect with this group.

Bilingual Support Group

Please email Breast Health Educator and group facilitator [Carmen Rodriguez](mailto:Carmen.Rodriguez@tolife.org) at crodriguez@tolife.org for information on this group.

Saratoga Support Group

Please contact group facilitator Jen Baldwin at jbaldwin1@saratogacare.org
for updated information on this group.

MetaThriver Support Group

Please email Support Services Program Manager Melanie McCulley
at mmcculley@tolife.org
for updated information on this group.

Young Survival Coalition

Active on Facebook, and with meetups, for women diagnosed with breast cancer in their 40s and younger. Please email Melanie McCulley at mmcculley@tolife.org to be connected with this group.

The To Life! support group program is sponsored in part by New York State Department of Health.

JOIN OUR VIRTUAL CELEBRATION!

MAY 4th - 6 PM

A Toast To Life!

To Life![®]

Honoring Friends and Celebrating
the Gift of Community



A Toast To Life!

Join the festivities in support of our mission!

Extraordinary Online Auction - jewelry, golfing, apparel, wellness
baskets, certificates to restaurants and local businesses

Auction Basket Contest - deadline to submit baskets April 12

Wine Pull - amazing variety!

Musical Entertainment

Presentation of the **Visionary Award** to

Mara Ginsberg, Founder of To Life!



For tickets and more information visit www.tolife.org

The To Life! Blog

Browse the latest articles written by healthcare professionals, patients and individuals for breast cancer patients, survivors and thrivers.

Recent blogs focused on family and friends:

[How to Talk To Your Kids About Your Breast Cancer Diagnosis](#)

[6 Women Share How Friendship is Helping Them Get Through Breast Cancer](#)

[*View All Blog Posts*](#)



Community Makes the World Go Round

Thank you to these local community friends of To Life! for their recent donations of products or services!



Saratoga Peace Pod

J. McLaughlin

share the
LOVE

Join us for a spring styling event with
PATTY TOBIN FINE JEWELRY
in support of To Life



**Meditation with
Mantra**

Presented by Melissa Hurt
Integrative Studio
www.melissahurt.com



**Looking for facts and information about the COVID vaccine?
Here's what you need to know. Click this link:**

[Get the Facts](#)

COVID-19 Office Safety Protocols in Place at To Life!

Support Services and Boutique Services are available

Please contact us at 518-439-5975 for assistance

[MORE INFORMATION](#)

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